

# THE LION 2026 – SOLO CATEGORY OVERVIEW

## SATURDAY – SOLO BALLROOM

### Age Groups:

U6 / U8 / U10 / U12 / U14 / U16 / U19 / Adults / O35

### Categories:

- Beginner – Single Dances
- Rising Stars – 2 Dances
- Open – Single Dance (VW\*)
- Open – 2 Dances
- Open Lion Cup
- Masters Series Cup
- World Cup

*\* Single Dance VW from U12 and up*

## SUNDAY – SOLO LATIN

### Age Groups:

U6 / U8 / U10 / U12 / U14 / U16 / U19 / Adults / O35

### Categories:

- Newcomer National WC (U6–U12)
- Beginner – Single Dances
- Rising Stars – 2 Dances
- Open – Single Dance (PD\*)
- Open – 2 Dances
- Open Lion Cup
- Masters Series Cup
- World Cup

*\* Single Dance PD from U14*