

THE LION 2026

COUPLES SCHEDULE (OVERVIEW)

SATURDAY

| Age Group | Discipline | Categories |
|---------------------|-------------------|---|
| U6 | Latin | Beginner · Rising Stars · Open Lion Cup |
| U8 | Latin | Beginner · Rising Stars · Open Lion Cup · WDO World Championships |
| U10 | Latin | Beginner · Rising Stars · Open Lion Cup · WDO World Championships |
| U12 | Latin | Beginner · Rising Stars · Open Lion Cup · WDO World Championships |
| U14 | Ballroom | Beginner · Rising Stars · Open Lion Cup |
| U16 | Ballroom | Beginner · Rising Stars · Open Lion Cup |
| U19 | Latin | Beginner · Rising Stars · Open Lion Cup |
| U21 | Latin | Beginner · Rising Stars · Open Lion Cup · World Cup |
| Adults | Ballroom | Beginner · Rising Stars · Open Lion Cup · Grand Slam WDO |
| Professional | Ballroom | Rising Stars · Open Lion Cup · Grand Slam WDO |
| O35–O65 | Ballroom | Beginner · Open Lion Cup · World Ranking WDO |
| U21 | Ballroom | German Championship |
| Amateur | Ballroom | German Championships |

SUNDAY

| Age Group | Discipline | Categories |
|---------------------|-------------------|--|
| U6 | Ballroom | Beginner · Rising Stars · Open Lion Cup |
| U8 | Ballroom | Beginner · Rising Stars · Open Lion Cup |
| U10 | Ballroom | Beginner · Rising Stars · Open Lion Cup |
| U12 | Ballroom | Beginner · Rising Stars · Open Lion Cup |
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| U21 | Latin | German Championship |
| Amateur | Latin | German Championships |